



## VIOLIN and VIOLA MASTERCLASS

**WHO:** Violinists and violists of intermediate to advanced levels of playing

**WHAT:** A one-week seminar with the intent to expand your capabilities by engaging in a combination of technical practice focusing on physical naturalness, or ergonomics, and chamber music. Mr. Pollak will also engage the students in extra-musical activities that will consist of simple exercises derived from his studies and practices in yoga, meditation, and tai chi.

**WHEN:** June 11-15, 4-6PM

**WHERE:** The bART Center for Music

**WHY:** Making music can, at times, be a very unnatural endeavor physically, especially for violinists and violists. It also requires all of the things that yoga, meditation, and tai chi help: relaxation, centeredness, discipline, developing a clear mind, practicing slowly, and making use of visualization. It was a desire to improve his own violin and viola performance abilities that led Mr. Pollak to engage himself in these indispensable disciplines, and he invites you to join him in not only being in tune with one another, but also to be in tune with your own body.

### Terry Pollak, Violin and Viola



**BIO:** Terry Pollak is currently a violist with the Tulsa and Signature Symphonies and a member of the Simpatico Trio. He attributes his prowess as a teacher, in part, to the fact that he had to work very hard and overcome many obstacles on his road to learning to play the violin. Terry earned his Bachelor of Music degree from North Texas State University in violin performance with a minor in music theory and completed his Master of Music degree in violin performance at SMU, where he had the privilege of studying violin with Erick Friedman, a protégé of Jascha Heifetz and Nathan Milstein. Terry completed a one-year doctoral residency in violin performance at Florida State University, prior to accepting a position in the first violin section of the Jacksonville Symphony. He later studied viola at the University of Oklahoma while earning his Teacher Certification. At OU he also played baroque violin in the Collegium and was invited to play with the Dallas Baroque Ensemble. Terry taught violin and viola at the Barthelmes Conservatory in Tulsa for several years, where he was also the violinist for the Barthelmes Trio, a faculty piano trio performing locally and at the OK Mozart Festival in Bartlesville. He returns to the bART after enjoying some time in his other career as the father of three lovely children. His wife, Charity, is a highly respected

pediatrician in the Tulsa area, and also a fine violinist.